



Nordic Cats Cyclo-Cross Club

September 12, 2018

Wave #1 (Open)

13.95 km, 7 laps of 1.99 km, winner: 40:34 - 20.64 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	52	PADEGA, Jack	Outspokin Cycles	London	ON	Men	40:34		20.64	5:20	5:46	5:51	5:55	5:59	5:53	5:50
2	15	POLLETT, Chris	To Wheels ESP Alymer Express	London	ON	Men	41:29	0'56"	20.18	5:35	5:58	6:00	5:59	5:59	6:00	5:58
3	54	LAI, Vance	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Men	43:40	3'07"	19.17	5:51	6:20	6:19	6:19	6:22	6:20	6:11
4	12	RUBENZAHL, Ian	Independent	London	ON	Men	43:50	3'17"	19.09	6:11	6:15	6:23	6:23	6:12	6:12	6:14
5	19	HELLEMS, William	CoachChris.ca/Garneau	N5X 3K3	ON	Men	44:10	3'36"	18.95	5:52	6:14	6:27	6:26	6:30	6:21	6:19
6	45	FORD, Taylor	To Wheels Epic Sports Performance Aylmer Express	London	ON	Men	44:31	3'57"	18.80	6:12	6:21	6:27	6:19	6:19	6:27	6:27
7	25	MOESKER, Dallas	Woodstock Cycling Club	Woodstock	ON	Men	45:09	4'36"	18.54	6:14	6:23	6:19	6:30	6:33	6:38	6:31
8	6	ADRIGO, Roy	Woodstock Cycling Club	Woodstock	ON	Men	45:56	5'22"	18.22	6:11	6:26	6:36	6:34	6:43	6:39	6:47
9	17	GIBSON, Kevin	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Men	46:01	5'27"	18.19	6:01	6:33	6:44	6:47	6:51	6:33	6:32
10	8	JOANISSE, Marc	Tow Heels Espay Lyme Rexpress	London	ON	Men	46:09	5'35"	18.14	6:04	6:28	6:37	6:46	6:51	6:41	6:42
11	13	MAJSKI, John	Independent	London	ON	Men	46:10	5'37"	18.13	6:28	6:29	6:32	6:39	6:44	6:39	6:39
12	55	PARKER, Ken	Independent	Woodstock	On	Men	42:24	-3 laps	12.43	9:14	9:28	9:39	10:07			



Nordic Cats Cyclo-Cross Club

September 12, 2018

Elite Men (Men)

13.95 km, 7 laps of 1.99 km, winner: 41:29 - 20.18 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	15	POLLETT, Chris	To Wheels ESP Alymer Express	London	ON	Men	41:29		20.18	5:35	5:58	6:00	5:59	5:59	6:00	5:58
2	54	LAI, Vance	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Men	43:40	2'11"	19.17	5:51	6:20	6:19	6:19	6:22	6:20	6:11
3	12	RUBENZAHL, Ian	Independent	London	ON	Men	43:50	2'21"	19.09	6:11	6:15	6:23	6:23	6:12	6:12	6:14
4	19	HELLEMS, William	CoachChris.ca/Garneau	N5X 3K3	ON	Men	44:10	2'40"	18.95	5:52	6:14	6:27	6:26	6:30	6:21	6:19
5	45	FORD, Taylor	To Wheels Epic Sports Performance Aylmer Express	London	ON	Men	44:31	3'01"	18.80	6:12	6:21	6:27	6:19	6:19	6:27	6:27
6	25	MOESKER, Dallas	Woodstock Cycling Club	Woodstock	ON	Men	45:09	3'40"	18.54	6:14	6:23	6:19	6:30	6:33	6:38	6:31
7	6	ADRIGO, Roy	Woodstock Cycling Club	Woodstock	ON	Men	45:56	4'26"	18.22	6:11	6:26	6:36	6:34	6:43	6:39	6:47
8	17	GIBSON, Kevin	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Men	46:01	4'31"	18.19	6:01	6:33	6:44	6:47	6:51	6:33	6:32
9	8	JOANISSE, Marc	Tow Heels Espay Lyme Rexpress	London	ON	Men	46:09	4'39"	18.14	6:04	6:28	6:37	6:46	6:51	6:41	6:42
10	13	MAJSKI, John	Independent	London	ON	Men	46:10	4'41"	18.13	6:28	6:29	6:32	6:39	6:44	6:39	6:39



Nordic Cats Cyclo-Cross Club

September 12, 2018

Mountain Bike (Open)

13.95 km, 7 laps of 1.99 km, winner: 40:34 - 20.64 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	52	PADEGA, Jack	Outspokin Cycles	London	ON	Men	40:34		20.64	5:20	5:46	5:51	5:55	5:59	5:53	5:50
2	55	PARKER, Ken	Independent	Woodstock	On	Men	42:24	-3 laps	12.43	9:14	9:28	9:39	10:07			



Nordic Cats Cyclo-Cross Club

September 12, 2018

Beginner Men (Men)

9.96 km, 5 laps of 1.99 km, winner: 32:56 - 18.15 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	28	MACQUEEN, Mike	Independent	St. Thomas	ON	Men	32:56		18.15	6:34	6:23	6:37	6:42	6:39
2	42	WALKER, Harold	Perfect Balance Coaching	St. Thomas	ON	Men	33:44	0'47"	17.73	6:27	6:47	6:48	6:44	6:58
3	21	DEAN, Paul	London Cycle	Strathroy	ON	Men	34:41	1'44"	17.24	6:34	6:55	7:03	7:01	7:06
4	11	VANPUYMBROECK, Ed	Independent	Dutton	ON	Men	35:43	2'47"	16.74	6:58	7:05	7:14	7:10	7:17
5	26	MAITLAND, Leif	To Wheels Epic Sports Performance	London	ON	Men	38:17	5'20"	15.62	7:51	7:41	7:47	7:26	7:33
6	1	WILLIAMSON, Mike	Woodstock Cycling Club	Woodstock	ON	Men	42:04	9'07"	14.21	8:01	8:17	8:21	8:10	9:14
7	51	JOBBA, Ken	Ancaster Velo Club	Ancaster	ON	Men	33:24	-1 lap	14.32	8:15	8:32	8:12	8:24	



Nordic Cats Cyclo-Cross Club

September 12, 2018

Elite Women (Women)

7.97 km, 4 laps of 1.99 km, winner: 28:38 - 16.70 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	44	DAVIS, Taryn	Faction Smile Tiger C.R.	Kitchener	ON	Women	28:38		16.70	7:01	7:15	7:08	7:14



Nordic Cats Cyclo-Cross Club

September 12, 2018

Beginner Women (Women)

5.98 km, 3 laps of 1.99 km, winner: 28:04 - 12.78 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	36	MANN, Sarah	Team Mom	St Thomas	ON	Women	28:04		12.78	8:59	9:20	9:45
2	34	PERRY, Ann Marie	Railway City Cycling Club	St Thomas	ON	Women	36:28	8'23"	9.84	11:14	12:00	13:14
3	53	WILLIAMS, Cathy	Coach Chris	London	ON	Women	36:36	8'31"	9.80	11:30	12:24	12:41



Nordic Cats Cyclo-Cross Club

September 12, 2018

U15 (Open)

5.98 km, 3 laps of 1.99 km, winner: 24:45 - 14.50 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	40	MCMULLEN, Jayden	Independent	St. Thomas	ON	Men	24:45		14.50	7:55	8:57	7:53
2	35	MANN, Brody	Coach Chris/Garneau	St Thomas	ON	Men	26:38	1'54"	13.47	8:37	8:56	9:06
3	32	DEPAUW, Alex	Kallisto FCV	St Thomas	ON	Men	27:14	2'30"	13.17	8:21	9:05	9:49
4	33	DEPAUW, Cole	Kallisto FCV	St Thomas	ON	Men	35:29	10'45"	10.11	9:51	12:37	13:01