



Nordic Cats 'Cross Club

September 04, 2019

Elite Men (Men)

9.63 km, 5 laps of 1.93 km, winner: 43:34 - 13.27 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	23	JOBIN, Eric	independent	London	ON	Men	43:34		13.27	9:52	8:29	8:42	8:29	8:02
2	69	TRELA, Adam	Woodstock Racing	Woodstock	ON	Men	43:46	0'12"	13.21	9:46	8:35	8:42	8:29	8:14
3	9	FERRELL, Chris	Woodstock Racing	Woodstock	ON	Men	46:13	2'38"	12.51	10:02	8:57	8:55	9:13	9:05
4	4	JAFFRAY, Michael	To Wheels Racing	Tillsonburg	ON	Men	46:49	3'14"	12.35	10:10	8:54	8:51	9:19	9:34
5	45	FORD, Taylor	To Wheels Racing	London	ON	Men	47:54	4'19"	12.07	10:07	8:56	9:09	9:38	10:03
6	67	GIBSON, Kevin	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Men	49:05	5'30"	11.78	10:22	9:30	9:41	9:54	9:38
7	72	HUESTON, Eric	To Wheels Racing	Aylmer	ON	Men	49:16	5'41"	11.74	10:38	9:46	9:45	9:48	9:18
8	8	JOANISSE, Marc	To Wheels Racing	London	ON	Men	50:13	6'38"	11.51	10:41	9:45	9:48	9:55	10:04



Nordic Cats 'Cross Club

September 04, 2019

U19A (Open)

9.63 km, 5 laps of 1.93 km, winner: 51:37 - 11.20 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	22	PARGETER, Reilly	Attack Racing p/b Ardent Industries	London	ON	Men	51:37		11.20	11:24	9:47	9:53	10:05	10:28



Nordic Cats 'Cross Club
September 04, 2019
Beginner Mountain Bike (Open)
winner: 43:31

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	51	ROACH, Shaun	Outspokin Cycle	Woodstock	ON	Men	43:31		11:35	10:31	10:36	10:49



Nordic Cats 'Cross Club

September 04, 2019

Beginner Men (Men)

5.78 km, 3 laps of 1.93 km, winner: 29:11 - 11.89 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	28	MAJSKI, John	Independent	London	ON	Men	29:11		11.89	10:36	9:20	9:15
2	21	DEAN, Paul	London Cycle	Strathroy	ON	Men	30:59	1'49"	11.19	11:14	9:56	9:49
3	63	VANPUYMBROECK, Ed	Independent	Dutton	ON	Men	32:58	3'47"	10.52	11:45	10:33	10:40
4	1	WILLIAMSON, Mike	Woodstock Racing	Woodstock	ON	Men	36:34	7'24"	9.49	12:44	11:48	12:02
5	40	MCKINLEY, Gerald	Peterborough Cycling Club	Peterborough	ON	Men	38:33	9'23"	9.00	13:32	12:16	12:45



Nordic Cats 'Cross Club

September 04, 2019

Elite Women (Women)

5.78 km, 3 laps of 1.93 km, winner: 31:48 - 10.91 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	2	MOUSSEAU, Nathalie	Independent	London	ON	Women	31:48		10.91	11:23	10:05	10:19



Nordic Cats 'Cross Club

September 04, 2019

Beginner Women (Women)

3.85 km, 2 laps of 1.93 km, winner: 29:32 - 7.83 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2
1	70	TRELA, Jessica	Woodstock Racing	Woodstock	ON	Women	29:32		7.83	15:07	14:24
2	71	STEINHAUR, Jessica	Coach Chris	London	ON	Women	30:33	1'02"	7.57	16:20	14:13
3	53	WILLIAMS, Cathy	Coach Chris	London	ON	Women	31:48	2'17"	7.27	16:53	14:56



Nordic Cats 'Cross Club

September 04, 2019

U15 (Open)

3.85 km, 2 laps of 1.93 km, winner: 21:13 - 10.90 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2
1	77	MCMULLEN, Jayden	KW Cycling Academy	St. Thomas	ON	Men	21:13		10.90	11:22	9:51
2	78	MCAFEE, Robbie	Attack Racing p/b Ardent Industries	London	ON	Men	48:09	-1 lap	2.40	48:09	