



Nordic Cats 'Cross Club

September 18, 2019

Elite Men (Men)

9.63 km, 5 laps of 1.93 km, winner: 40:27 - 14.29 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	68	MILLER, Noah	Woodstock Racing	Woodstock	ON	Men	40:27		14.29	9:07	7:55	8:04	7:57	7:25
2	23	JOBIN, Eric	Independent	London	ON	Men	40:41	0'15"	14.21	9:08	7:54	8:04	7:57	7:39
3	9	FERRELL, Chris	Woodstock Racing	Woodstock	ON	Men	44:00	3'33"	13.14	9:33	8:26	8:39	8:40	8:44
4	72	HUESTON, Eric	To Wheels Racing	Aylmer	ON	Men	44:50	4'24"	12.89	10:04	8:50	8:45	8:29	8:42
5	60	ASTON, Mike	To Wheels Racing	Woodstock	ON	Men	44:57	4'30"	12.86	10:11	8:38	8:46	8:53	8:29
6	19	HELLEMS, Bill	London Centennial Wheelers	London	ON	Men	45:17	4'50"	12.77	10:15	8:47	8:40	8:45	8:50
7	45	FORD, Taylor	To Wheels Racing	London	ON	Men	46:07	5'40"	12.54	10:07	8:51	8:50	9:16	9:03
8	28	MAJSKI, John	Independent	London	ON	Men	47:09	6'43"	12.26	10:37	9:11	9:03	9:08	9:10
9	4	JAFFRAY, Michael	To Wheels Racing	Tillsonburg	ON	Men	47:17	6'50"	12.23	10:05	8:54	10:02	9:00	9:15
10	62	MANN, Marten	Southpoint Racing	St. Thomas	ON	Men	47:46	7'19"	12.10	10:33	9:39	9:12	9:06	9:16
11	67	GIBSON, Kevin	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Men	48:55	8'29"	11.82	10:10	9:08	9:41	9:40	10:15
12	79	WILLIAMS, Derek	Independent	London	ON	Men	49:56	9'30"	11.58	10:47	9:47	9:41	9:45	9:56



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September 18, 2019

U19A (Open)

9.63 km, 5 laps of 1.93 km, winner: 47:54 - 12.07 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	22	PARGETER, Reilly	Attack Racing p/b Ardent Industries	London	ON	Men	47:54		12.07	10:52	9:17	9:12	9:09	9:24
2	27	IRELAND, Hayden	Attack Racing p/b Ardent Industries	London	ON	Men	35:27	-2 laps	9.78	12:26	11:11	11:50		



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Fat Bike (Open)

7.71 km, 4 laps of 1.93 km, winner: 44:31 - 10.39 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	51	ROACH, Shaun	Outspokin Cycle	Woodstock	ON	Men	44:31		10.39	11:37	10:57	11:02	10:55



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September 18, 2019

Beginner Men (Men)

5.78 km, 3 laps of 1.93 km, winner: 30:30 - 11.37 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	21	DEAN, Paul	London Cycle	Strathroy	ON	Men	30:30		11.37	10:51	9:41	9:57
2	63	VANPUYMBROECK, Ed	Independent	Dutton	ON	Men	31:06	0'37"	11.15	11:14	9:50	10:02
3	1	WILLIAMSON, Mike	Woodstock Racing	Woodstock	ON	Men	34:14	3'45"	10.13	12:37	10:44	10:53



Nordic Cats 'Cross Club

September 18, 2019

Elite Women (Women)

5.78 km, 3 laps of 1.93 km, winner: 30:39 - 11.32 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2	Lap 3
1	2	MOUSSEAU, Nathalie	Independent	London	ON	Women	30:39		11.32	11:03	9:42	9:54
2	5	WHITE, Amy	To Wheels Racing	London	ON	Women	31:02	0'24"	11.17	11:10	9:50	10:02
3	76	DAVIS, Taryn	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Women	31:28	0'50"	11.02	11:44	9:57	9:48
4	66	HUEBER, Kari	Faction Smile Tiger C.R. p/b WCC	Kitchener	ON	Women	31:50	1'11"	10.90	11:39	10:02	10:09
5	74	SFERRAZZA, Lindsay	Highgate Racing	St. Catherines	ON	Women	39:47	9'08"	8.72	13:46	12:40	13:21



Nordic Cats 'Cross Club

September 18, 2019

Beginner Women (Women)

3.85 km, 2 laps of 1.93 km, winner: 27:33 - 8.39 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2
1	36	MANN, Sarah	Independent	St Thomas	ON	Women	27:33		8.39	14:41	12:52
2	71	STEINHAUR, Jessica	Coach Chris	London	ON	Women	27:51	0'18"	8.30	14:48	13:02
3	75	VAN WESTEROP, Jennet	Independent	Lakeside	ON	Women	30:20	2'47"	7.62	16:47	13:32
4	61	VALENTI, Piera	Little P	Hay	ON	Women	30:25	2'53"	7.60	16:51	13:34
5	53	WILLIAMS, Cathy	Coach Chris	London	ON	Women	31:01	3'28"	7.46	16:49	14:12
6	42	WHITLOCK, Gabbi	Independent	London	ON	Women	31:41	4'08"	7.30	16:53	14:48



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September 18, 2019

U15 (Open)

3.85 km, 2 laps of 1.93 km, winner: 22:09 - 10.44 km/h

Pos	Bib	Name	Team	City	Prov	Category	Time	Gap	km/h	Lap 1	Lap 2
1	78	MCAFEE, Robbie	Attack Racing p/b Ardent Industries	London	ON	Men	22:09		10.44	11:09	11:00
2	35	MANN, Brody	Coach Chris/Garneau	St Thomas	ON	Men	23:23	1'15"	9.89	12:27	10:56