



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### Elite Men (Men)

#### winner: 50:38

| Pos | Bib | Name              | Team                       | City       | StateProv | Category  | Age | Gender | License        | Time  | Gap   | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 |
|-----|-----|-------------------|----------------------------|------------|-----------|-----------|-----|--------|----------------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1   | 122 | FROUWS, RYAN      | London Centennial Wheelers | LONDON     | ON        | Elite Men | 124 | Men    | PR23-00863     | 50:38 |       | 8:19  | 8:13  | 8:27  | 8:32  | 8:36  | 8:31  |
| 2   | 202 | VAN MOORSEL, Greg | N/A                        | Mitchell   | Ontario   | Elite Men | 124 | Men    | 101 374 477 68 | 52:28 | 1'50" | 8:19  | 8:13  | 8:03  | 10:04 | 8:20  | 9:29  |
| 3   | 36  | SPENCE, Chad      | Independent                |            |           | Elite Men | 85  | Men    | PR23-00107     | 54:23 | 3'44" | 9:49  | 8:59  | 8:45  | 8:42  | 8:59  | 9:10  |
| DNF | 87  | HOSHIZAKI, Thomas | KW Cycling Academy         | Rockcliffe | Ontario   | Elite Men | 124 | Men    | ON75817        |       |       | 9:10  | 8:53  | 9:07  | 9:01  |       |       |
| DNF | 209 | DANIELLS, Robert  | KW Cycling Academy         | Baden      | Ontario   | Elite Men | 124 | Men    | 10059695905    |       |       | 8:47  | 8:44  | 8:42  | 8:26  | 8:23  |       |



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### U19 Elite (Open)

**winner: 50:23**

| Pos | Bib | Name             | Team               | City      | StateProv | Category  | Age | Gender | License     | Time  | Gap   | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 |
|-----|-----|------------------|--------------------|-----------|-----------|-----------|-----|--------|-------------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1   | 92  | MCMULLEN, Jayden | KW Cycling Academy | St Thomas | ON        | U19 Elite | 124 | Men    | 10100487435 | 50:23 |       | 8:19  | 8:03  | 8:13  | 8:17  | 8:32  | 9:00  |
| 2   | 114 | RANKL, Austin    | KW Cycling Academy | Stratford | Ontario   | U19 Elite | 124 | Men    | 10080371756 | 50:26 | 0'02" | 8:20  | 8:27  | 8:13  | 8:14  | 8:27  | 8:45  |



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### Elite Women (Women)

**winner: 39:02**

| Pos | Bib | Name           | Team       | City         | StateProv | Category    | Age | Gender | License | Time  | Gap | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|-----|-----|----------------|------------|--------------|-----------|-------------|-----|--------|---------|-------|-----|-------|-------|-------|-------|
| 1   | 7   | OHARE, Maureen | ESP Lastig | Port Stanley | ON        | Elite Women | 124 | Women  | ON75453 | 39:02 |     | 9:47  | 9:26  | 9:51  | 9:58  |



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### Novice Men (Men)

#### winner: 35:58

| Pos | Bib | Name             | Team                       | City      | StateProv | Category   | Age | Gender | License        | Time  | Gap     | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|-----|-----|------------------|----------------------------|-----------|-----------|------------|-----|--------|----------------|-------|---------|-------|-------|-------|-------|
| 1   | 207 | BAKER, Mark      | Attack Racing              | London    | ON        | Novice Men | 124 | Men    | 101 407 467 78 | 35:58 |         | 9:01  | 8:58  | 9:05  | 8:55  |
| 2   | 91  | MAJSKI, John     | Independent                | London    | Ontario   | Novice Men | 124 | Men    | PR23-00892     | 36:08 | 0'09"   | 9:10  | 8:55  | 9:10  | 8:54  |
| 3   | 28  | WILLIAMS, Derek  | LCW                        | London    | ON        | Novice Men | 124 | Men    | PR23-00503     | 36:31 | 0'32"   | 9:22  | 9:05  | 9:02  | 9:01  |
| 4   | 81  | DAUB, Ben        | London Centennial Wheelers | London    | ON        | Novice Men | 124 | Men    | PR23-01986     | 40:02 | 4'03"   | 9:37  | 10:05 | 10:18 | 10:02 |
| 5   | 120 | DEAN, Paul       | Cycleslondon               | Strathroy | ON        | Novice Men | 124 | Men    | PR23-00027     | 40:46 | 4'47"   | 10:00 | 10:11 | 10:15 | 10:21 |
| 6   | 35  | WALKER, Harold   | F2C Nutrition              | St Thomas | Ont       | Novice Men | 124 | Men    | PR23-01987     | 41:50 | 5'51"   | 10:18 | 10:20 | 10:39 | 10:33 |
| 7   | 173 | DELANGÉ, Devin   | Independent                | London    | Ontario   | Novice Men | 124 | Men    | TEMP           | 38:59 | -1 lap  | 10:43 | 11:13 | 17:03 |       |
| 8   | 1   | WILLIAMSON, Mike | Independent                | Woodstock | ON        | Novice Men | 124 | Men    | PR23-01995     | 41:14 | -1 lap  | 13:15 | 13:38 | 14:21 |       |
| 9   | 127 | FINCH, Scott     | London Centennial Wheelers | Kintore   | ON        | Novice Men | 124 | Men    | PR23-01991     | 20:14 | -2 laps | 9:37  | 10:36 |       |       |



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### U19 Novice (Open)

**winner: 37:29**

| Pos | Bib | Name         | Team               | City   | StateProv | Category   | Age | Gender | License | Time  | Gap | Lap 1 | Lap 2 | Lap 3 |
|-----|-----|--------------|--------------------|--------|-----------|------------|-----|--------|---------|-------|-----|-------|-------|-------|
| 1   | 49  | HILL, Cyrena | KW Cycling Academy | London | ON        | U19 Novice | 124 | Women  | ON75194 | 37:29 |     | 12:20 | 12:14 | 12:54 |



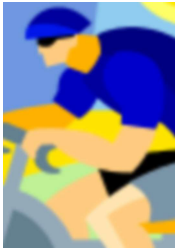
# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### Novice Mountain Bike (Open)

**winner: 42:59**

| Pos | Bib | Name         | Team             | City      | StateProv | Category             | Age | Gender | License    | Time  | Gap | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|-----|-----|--------------|------------------|-----------|-----------|----------------------|-----|--------|------------|-------|-----|-------|-------|-------|-------|
| 1   | 130 | ROACH, Shaun | Outspokin Cycles | Woodstock | Ontario   | Novice Mountain Bike | 124 | Men    | PR23-01618 | 42:59 |     | 10:26 | 10:37 | 11:06 | 10:51 |



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### Novice Women (Women)

**winner: 24:32**

| Pos | Bib | Name        | Team          | City   | StateProv | Category     | Age | Gender | License        | Time  | Gap | Lap 1 | Lap 2 |
|-----|-----|-------------|---------------|--------|-----------|--------------|-----|--------|----------------|-------|-----|-------|-------|
| 1   | 210 | BAKER, Cory | Attack Racing | London | Ontario   | Novice Women | 124 | Women  | 101 004 920 81 | 24:32 |     | 12:19 | 12:13 |



# Nordic Cats 2023 October 18-NCCC

## October 18, 2023

### Lil 'Crossers (U11) (Open)

**winner: 23:45**

| Pos | Bib | Name              | Team              | City     | StateProv | Category            | Age | Gender | License     | Time  | Gap    | Lap 1 | Lap 2 |
|-----|-----|-------------------|-------------------|----------|-----------|---------------------|-----|--------|-------------|-------|--------|-------|-------|
| 1   | 34  | ASTON, Isaac      | Attack Racing     | Delaware | ON        | Lil 'Crossers (U11) | 124 | Men    | PR23-00059  | 23:45 |        | 11:39 | 12:06 |
| 2   | 144 | DANIELLS, Devin   | KW Cyclng Academy | Baden    | Ontario   | Lil 'Crossers (U11) | 124 | Men    | 10135823323 | 23:47 | 0'03"  | 11:48 | 11:59 |
| 3   | 19  | WILLIAMS, Henry   | Attack Racing     | London   | ON        | Lil 'Crossers (U11) | 124 | Men    | PR23-01389  | 28:33 | 4'49"  | 13:00 | 15:34 |
| 4   | 51  | MACDONALD, Oliver | Attack Racing     | London   | ON        | Lil 'Crossers (U11) | 124 | Men    | ONM230012   | 29:04 | 5'19"  | 14:08 | 14:55 |
| 5   | 175 | DELANGE, William  | Independent       | London   | Ontario   | Lil 'Crossers (U11) | 124 | Men    | 1 DAY       | 38:59 | 15'15" | 17:02 | 21:57 |